

YOU'RE INVITED TO A
ZOOM WEBINAR



BUILDING WELLBEING IN PERIOPERATIVE NURSING

**Tuesday 12 May,
7pm - 8pm**



PRESENTER:
LUCY MIDDLETON

*Clinical Nurse Leader- Grace Hospital, Tauranga,
Chairperson of Perioperative Nurses College NZNO*

Perioperative nursing is demanding, complex, and deeply rewarding, but it can also place significant pressure on the wellbeing of nurses. Join us for an engaging webinar exploring how effective leadership can support the health and wellness of perioperative teams.

From a perioperative nurse wellbeing perspective, leadership is both preventative and promotive. It can help reduce burnout and distress while fostering engagement, psychological safety, and healthier work-life balance.

This session will explore how evidence-based decision making, and integrating research with local context, can inform supportive policies and workplace cultures. The importance of emotional intelligence in building resilient, connected teams will also be discussed.

Lucy brings experience across research, community mental health, the perioperative continuum, and outpatient clinic development. Alongside her full-time nursing role, Lucy proudly wears many hats - taxi driver, chef, cleaner, cheerleader, and passionate whānau member: Mum, wife, sister, and aunty.



REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/PNCWELLBEING>

